



CAMP SUNNY

SUMMER CAMP

DANCE SPECIALTY CAMP

SUMMER 2017

Dear Sun Country **Dance Camp** Participants and Parents,

Thank you for signing up for Sun Country's Dance Specialty Camp for 2017! We are excited to be offering a truly FUN and dance-filled week for our campers. Here are a few notes about dance camp:

Our new "DANCE MANIA" camp will offer both boys and girls the opportunity to explore dance styles ranging from Hip-Hop and Jazz to Modern and Improv. It is a great way for the children to express their creativity and bring their own attitude and personality into the steps. Dance warm-ups will include exercises for strength, flexibility, balance, and endurance. Appropriate popular music will be used to create fun dance moves and routines that will be expressive with an explosion of energy. We cannot wait to teach the students all new skills and see how they are each able to express them uniquely!

Attire for Dance Camp: If your child has dance clothing (i.e., leotard, tights, lycra dance shorts, capri or long leggings, etc.) we do prefer that they wear these items. If not, campers should wear non-restrictive, flexible clothing that they can move in – such as lycra bike shorts and t-shirts. Shorts should be knee length, and t-shirts should be fitted. Overly baggy and loose clothing is restrictive to dance movement. Loose soffe shorts are not appropriate. Girls should NOT wear skirts and dresses. Many dancewear items for camp can be purchased at our Sun Country Pro Shop. Campers will be allowed to change into their regular clothing after the morning dance camp. Also, if they have dance shoes (ballet, jazz), please send these with them as well. Otherwise, socks and/or bare feet will be fine. For girls - hair **must** be pulled back away from the face – into a ponytail – every day!

On the last day of camp, we will present a show for the parents featuring the dance styles and routines learned throughout the week!

We are looking forward to another great Dance Specialty Camp! Thank you!

Judy Benton

Department Leader
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