



# CAMP SUNNY

## SUMMER CAMP

### SWIM SPECIALTY CAMP

SUMMER 2017

Dear Sun Country **Swim Camp** Participants and Parents,

Congratulations! You are registered for Sun Country's Swim Specialty Camp for 2017. We are thrilled to have your swimmer here with us this summer!

This camp does not require any previous swimming experience. As such, games, lesson plans and activities will be planned around your child's in-coming skills and abilities. An initial assessment will be made of swimmers' levels and participants will be grouped accordingly. Swimmers will be instructed in pertinent survival and safety skills as well as swimming techniques appropriate for their level.

While daily games and themes will be fun and engaging, they will also reinforce the basic swimming skills and techniques we are working on. In addition, swimmers will participate in on-land conditioning, demonstrations and other activities including crafts. Each camper will complete the WHALES TALES Water Safety program from the Red Cross as well.

Campers, please come prepared to swim! You should arrive at camp wearing your swimsuit. In addition to packing a complete change of clothes, swimmers should also have a towel and a dry long sleeve shirt or sweatshirt for when we come inside the building for activities. All items campers bring to camp should be labeled with the swimmer's name. They are welcome to bring goggles but they are not necessary. All other pool toys or flotation devices should be left at home!

On Friday, your newly trained swimmer will participate in a demonstration to exhibit all the awesome skills they have learned at the Sun Country pool!

We are looking forward to a swimtastic week!

#### **Bryant Reyes**

Department Leader  
Sun Country Splash!  
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