







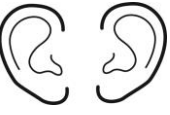





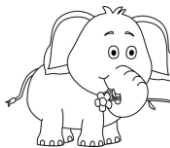


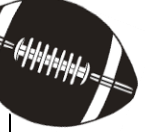




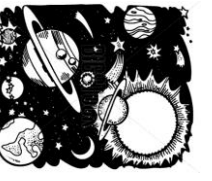



(352) 331-8773

January

Class: Sunburst (Partners) & Gym Stars

Remember to read your calendar each week.
 Also, please try to arrive on time and be ready for class – long hair pulled back
 and no clothing with snaps, zippers, or buttons!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 1  Welcome Back Week TA-DA	2  STRADDLE No Instructional Classes	3	4 Let's get back into the swing of things! Welcome new faces & new friends!	5	6  SQUAT	7  V-SIT
8 Body Parts Week 	9 How many parts of your body can you name? 	10 We'll be using bean bags to help us identify body parts and to balance with 	11	12 	13 Do a forward roll while holding a bean bag under your chin	14 
15 Zoo Week 	16 Can you hop like a kangaroo? 	17 	18 We'll take a pretend trip to the zoo and imitate many of our animal friends' moves!	19 	20 Hang on your swing set like a monkey! 	21 
22 Sports Week 	23 	24 We'll be exploring many different sports ~Baseball, soccer, basketball, football, and horseshoes~	25	26 	27 Practice catching and throwing a ball	28 
29 Space Week 	30 	31 	We'll exercise our imagination with an adventure in space!	