



Welcome! We are so happy to have you in our dance program. Together, we will work to instill a love of dance that can last a lifetime. Please review the following guidelines and let us know if you have any questions.

With the exception of dance shoes, many of the required dancewear items and hair supplies are available for sale in our Pro Shop.

## **PROPER ATTIRE:**

**HAIR:** For ALL Ballet classes (**Dance Tots, Fairytale Ballerinas, PreBallet, Ballet**), hair must be pulled away from the face and pinned securely into a ballet bun (no bangs for ages 6 and up). For ALL other classes, hair must be in a ponytail, secured off the shoulders and away from the face.

## **TEENY DANCERS:**

**Female** – Non-baggy athletic/bike shorts & t-shirt. Bare Feet. Dance attire (leotard, tights, ballet slippers\*\*) may be worn if desired.

**Male** – Non-baggy athletic/bike shorts & t-shirt. Bare feet.

**Parents** – Comfortable clothes that you can move in! Bare feet.

## **DANCE TOTS:**

**Female** – Light pink leotard\*, light pink footed tights\*\*, pink leather ballet slippers\*\*\*

**Male** – White t-shirt, black bike shorts or tights, white socks, black ballet slippers

## **PREBALLET:**

**Female** – Light blue leotard\*, light pink footed tights\*\*, pink leather ballet slippers\*\*\*

**Male** - White t-shirt, black bike shorts or tights, white socks, black ballet slippers

## **PRE-TAP/HIP-HOP:**

**Female** – Light blue leotard, light pink OR light suntan footed tights\*\*. Tan Tap Shoes / Tan Slip-on Jazz Shoes.

- **Optional** – Girls may also wear light blue or black dance skirt or dance shorts over their leotard & tights.

**Male** - White t-shirt, black bike shorts, Black crew socks. Black Tap Shoes / Black Slip-on Jazz Shoes

## **CLASSICAL BALLET:**

**Female** – Black leotard\*, light pink footed tights, pink leather ballet slippers\*\*

**Male**–White t-shirt, black bike shorts or tights, white socks, white ballet slippers

*\*All leotards for Dance Tots, PreBallet, and Classical Ballet must be solid color & plain in style – preferably tank, cap sleeve, or short sleeve. No halters. No attached skirts, ruffles, lace, mesh, rhinestones, or criss-cross straps.*

*\*\*Tights should be NON-shimmery.*

*\*\*\*Please do not wear the “bedroom slipper” style ballet shoe that is on display with the dance attire at some local stores (i.e. Target, Wal-Mart). These are not appropriate for dance class.*

**ALL CLASSES: NO LOOSE CLOTHES OVER LEOTARDS!**

## **HIP-HOP KIDZ:**

**Female\*** – Comfortable clothing, including dance attire (leotard, black dance shorts, tan tights), or a solid colored non-baggy t-shirt and black knee-length bike/athletic shorts. NO short/soffe shorts or skirts. **Black slip-on Jazz shoes.**

**Male\*** - Comfortable clothing, such as a solid colored non-baggy t-shirt and black knee-length bike/athletic shorts.

**Black slip-on Jazz shoes.**

## **JAZZ/HIP-HOP:**

**Female** - Solid dark-colored leotard; black or tan footed tights\*\* and/or black leggings (Capri or full length);

**Black slip-on Jazz shoes.**

**Male** - Solid dark-colored t-shirt, black knee-length bike shorts or jazz pants, black socks, **Black slip-on Jazz shoes.**

## **TAP:**

**Female** - Solid black leotard, Black tap skirt or black bike/dance shorts, tan or pink footed tights\* (No long pants!)

**Male** - White or solid dark-colored t-shirt, black bike shorts or knee-length athletic shorts, black socks, black tap shoes.

**Male/Female** - Black, low-heeled tie or buckle tap shoes /// Intermediate level & higher – See instructor.

## **MODERN:**

**Female** - Solid dark-colored leotard, Nude or Pink Footless Tights\*, bare feet

**Male** - Solid white t-shirt, black knee-length bike shorts, bare feet

## **CLOGGING:**

**Female** – Black leotard, Black capri-length leggings, Black Tap Shoes (w/socks)

**Male** - Solid black snug-fitting t-shirt / Black knee-length bike/athletic shorts, Black Tap Shoes (w/socks)

## **PROPER ETIQUETTE:**

***Please note that some policies may vary during the COVID-19 pandemic. Please see the Fall 2020 Dance Requirements Sheet or call our front office for details.***

1. Proper dance attire and dance shoes should be worn at all times for all classes.
2. A cover-up should be worn over your child's dance clothes to and from the studio.
- 3. Dance shoes should not be worn outside and/or to and from the studio.**
4. No gum, food, drink, or cell phones allowed in the studio.
5. No jewelry or watches; no fingernail polish (except clear).
6. Dancers should not enter the studio before the teacher.
7. Dancers may not leave class without permission.
8. Parents are asked to not open the studio door or enter the studio while a class is in session. If you need to pick up your child early, please inform the teacher before the class begins.
9. Good attendance is imperative. Absences and tardiness can hold back the progression of the entire class. Please make every effort to have your child at every class.
10. Being late is very disruptive to class. Please be sure your child is at the studio at least 5 minutes before their class begins. Coming into class late is not fair to the children who have arrived on time and the dancer who is late losing valuable class time. Students arriving more than 15 minutes late will be asked to observe, for protection against injury.
11. If your child is ill or will not be able to attend class, a courtesy call is very much appreciated.
12. Please be prompt in picking up your child.
13. All students are expected to conduct themselves in a safe, courteous, respectful, and responsible manner.
14. Parent Watch Week is held three times throughout the year – in the Fall, Spring, and Summer. These dates will be posted, and you will be notified in advance.
15. Our annual Recital is held at the end of each season - in May. The dates for the Recital and dress rehearsal will be available in October.
16. Please note that all classes in the months prior to the Recital are of the utmost importance to your child, as well as the entire class. Please plan for your child to be in attendance for the benefit of your child and the entire class' dance performance.

## **PERSONAL COMMITMENT:**

We believe that the decision to study dance involves a personal commitment on the part of each student to attend class regularly and should be undertaken only with the full intention of completing the entire year of dance. In addition, participation in the "Recital" performance is a valuable experience and learning tool for the children. Not only does it help to develop their self-confidence, but also helps to develop theatrical presence and expressiveness, which are essential to the performing arts. Both child and parent will complete each year with a true feeling of accomplishment and pride.

### **SUN COUNTRY SPORTS - WEST**

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