



## MARTIAL ARTS REQUIREMENTS

### CHECK IN/DROP-OFF/PICK-UP:

- Students must be checked-in by a parent/guardian at the check-in area prior to being dropped off.
  - Students (16 years old and older) that drive themselves must have an up to date waiver on file in order to check in without a parent/guardian
- Students cannot enter the facility more than 5 minutes before the start of class.
- Students (and accompanying parent/guardian- if applicable) will be screened prior to entry which will include a touchless temperature check. If any of these apply to your student, they will not be permitted to enter the facility for 14 days unless they are symptom free and can return with a doctor's note:
  - A fever of 100.4 or higher, has had a respiratory infection, cough, shortness of breath or any other COVID-19 symptom OR
  - Had any contact in the previous 14 days with someone who has a confirmed diagnosis of COVID-19; is under investigation for COVID-19 or is ill with a respiratory illness, they will not be permitted to enter the facility for 14 days. OR
  - Has traveled in the previous 14 days on a cruise or internationally to countries with widespread, sustained community transmission.
  - Masks/facial coverings will be required for any parent/guardian accompanying a student into the gym area.
- On August 24, 2020 Sun Country will begin requiring face coverings for students ages 6 (or Kindergarten) and up, while they are in non-physical activities.
  - To clarify, face coverings will be required:
    - On arrival at the West location
    - On the way to, and during transitions between activities
    - During non-active programs, like arts & crafts
  - Face coverings will NOT be required for students:
    - Attending Team practice at Millhopper
    - During active programs, like rock climbing, dance, gymnastics and swimming
    - While eating lunch or snack
- Students ages 5 and under may be accompanied into the facility by 1 parent/guardian.
  - Siblings will not be permitted in the facility at this time.
  - Infant siblings that remain in a carrier strapped to a parent will be permitted. No car seats or strollers will be permitted in the facility.
- Students ages 6 and up must be checked in and dropped off for their class. Parents/Guardians of students ages 6 and older will not be permitted to enter the facility at this time. Parents can view their child's class online through SpotTV, our online streaming video app!
- At the conclusion of class, students will be safely escorted outside to be picked up at the check-out tent. Students must be picked up within 5 minutes of their scheduled class end time.

### REQUIRED ATTIRE/ITEMS:

- Students must arrive dressed in their Gi.
- Each student will be allowed to have their own water bottle labeled with their name.
- Only essential items should be brought to class/practice.
- All items must be taken home at the end of each class. No items can be left at the facility.

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