



# CAMP SUNNY

## SUMMER CAMP

### ROCK WALL SPECIALTY CAMP

SUMMER 2021

Dear Camp Sunny Parents and Participants,

Welcome and thank you for signing up for Sun Country's **Rock Wall Specialty Camp**! We are excited to have your child join us as we learn and share our passion for the sport together.

Please have your child arrive by 9:00 AM dressed in athletic, non - restrictive clothing. Shorts should be long enough to protect the upper thighs from the climbing harness. It is important that your child wears socks and tennis shoes, has long hair pulled back, and does not wear any jewelry.

Your child will be learning rock climbing skills in a fun, safe and positive environment from knowledgeable instructors. As the week progresses, we will be working on building strength and confidence while playing plenty of games using our 32-foot wall, cave structure, and training board. Your child will learn the intricacies of climbing and work on challenges with other campers as they grow above and beyond the reaches of any obstacle!

On the last day of camp, students will have an opportunity to perform their newly gained skills in a demonstration for parents and friends! The demonstration will be held at **11:00 AM on Friday**. Further details will be given out the week of camp, but we would love for you to join us virtually!

If you have any questions, please email [rocks@sun countrysports.com](mailto:rocks@sun countrysports.com). We are looking forward to a memorable week!



**SUN COUNTRY SPORTS - WEST**

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