



Welcome! We are so happy to have you in our swim program. Together, we will work to instill a love of aquatics that can last a lifetime. Please review the following guidelines and let us know if you have any questions.

PROPER ATTIRE:

Male Swimmers: Moderate length swim trunks or swim jammers.

Female Swimmers: One or two-piece swim suits, but please refrain from wearing suits with ties or attachments such as skirts, ribbons or buckles.

Not Yet Potty-Trained Swimmers: MUST wear a disposable swim diaper under a Sun Country swim diaper cover. NO EXCEPTIONS!

All Swimmers: Swimwear with incorporated flotation devices are not permitted and swimmers should leave all personal flotation devices at home. Hair past the shoulders needs to be pulled back or placed under a swimming cap.

WEATHER POLICY:

Inclement weather (including but not limited to: thunder, lightning or tornado warnings) often times passes through the area quickly. We will make every effort to hold your child's swim lesson, please plan on attending class. Please do not call the office to find out if your child's swim lesson will occur. You will receive a text message if it is canceled. Please be sure to enable texting in your parent portal.

MISSED CLASS POLICY:

If your child is ill, a doctors note must be turned in to the deck supervisor to receive a missed class option (limit one per month). Missed class passes are not available for swim class absences due to vacations, other activities, etc.

PROPER ETIQUETTE:

1. All swimmers must shower on the pool deck before entering the pool.
2. No gum, food or drinks allowed in the pool
3. No rings, watches, necklaces, bracelets, or dangling earrings. Post earrings are acceptable.
4. Swimmers MUST NOT enter the pool without a staff member on deck.
5. Swimmers may not leave the class without permission.
6. **Parents are asked to please not coach from the deck.** Your child needs to give their coach their full attention.
7. Good attendance is imperative, as absences and tardiness can hold back the progression of your child. **Please make every effort to have your child at every class.**
8. **Being late is very disruptive to the class.** Please be sure your child is at the pool at least 5 minutes prior to their class time.
9. Please be prompt in picking up your child.
10. All students are expected to conduct themselves in a safe, courteous, respectful, and responsible manner and be mindful of the rules posted in the gym.

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