



CAMP SUNNY

SUMMER CAMP

NINJA ZONE SPECIALTY CAMP

SUMMER 2023

Dear Camp Sunny Parents and Participants,

Welcome and thank you for signing up for Sun Country's **Ninja Zone Specialty Camp**! We are excited to have your child joining us as we learn and share our passion for the sport together.

Please have your child arrive between 7:30 AM and 9:00 AM, dressed in appropriate attire each morning. We prefer a t-shirt and athletic or loose shorts—no jeans or long pants. You can purchase all Ninja Zone approved attire at the front desk (shirt, wristbands, headbands, and socks) for those looking to fully bring out their inner ninja!

Your child will be learning Ninja Zone skills in a fun, safe and positive environment from knowledgeable instructors. We will be learning all levels of ninja skills as well as gymnastics and free running type skills that are involved in Ninja Zone. We will train these ninjas physically and mentally- a strong mind is just as important as a strong body. We hope that by the end of the week, all ninjas will be able to face all obstacles ahead mentally and physically.

On Friday, students will have an opportunity to perform their newly gained skills in a show for parents and friends before receiving individual awards! The show will be held on Friday, the last day of Ninja Specialty Camp. Further details will be given out the week of camp.

If you have any questions, please email ninja@sun countrysports.com We are looking forward to a memorable week!



SUN COUNTRY SPORTS - WEST

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