



## DISCIPLINE POLICY

At Sunny's Pre-School and Camp Sunny Junior, our goal is to find solutions and to provide the very best environment for your child. We understand that young children are in the process of learning to make safe and healthy choices. We use positive discipline methods at Sunny's Pre-school and Camp Sunny Junior.

Our classroom rules are reviewed every morning during circle time and include:

- Use kind words
- Use helping hands
- Use walking feet
- Clean up after ourselves
- Stay with the group
- Doors are for teachers
- Sit in your chair during snack and lunch

We believe that the absolute best way to handle challenging behavior is to prevent it. We do so in the following ways:

- We model the behavior we hope to see in the children
- We make our classroom expectations clear and review them regularly
- We take the child's developmental level into consideration
- We provide alternatives
- We encourage children to express their emotions in positive ways

When intervention is necessary, we will follow these progressive steps:

1. Verbal warning - the child is reminded of the rule
2. Time away - the child is directed away from the activity or immediate area for a brief time. (This is not a 'time out' - we redirect the child to other activities, and he or she can return shortly if desired)
3. Time in - the child spends a few minutes with a teacher. The child is given an opportunity to talk about what happened. The teacher suggests appropriate ways the child could resolve the situation and express his or her feelings.
4. Change of scenery - the child moves to another room and spends some time with another group or teacher

If a child continues to be disruptive after our interventions, or if the behavior presents a danger to the child, teachers, or other children, he or she will be sent home. We request that you respond quickly if called to pick up a child due to behavior issues. If behavior issues become significant or frequent, we will recommend a parent-teacher conference to discuss the issue. If excessive behavior issues cannot be resolved, the child will be asked to leave the program.



**FOOD AND NUTRITION**

Each child must bring a water bottle with a flip top lid and handle (no screw tops please), labeled with first and last name. Families are also responsible for providing their student with a healthy snack and lunch. Please do not send your child with any candy or treats, unless approved by the department leader for special events.

**Per DCF regulations, all packed lunches must include an ice pack and all lunch boxes and reusable containers must be labeled with your child's first and last name.**

